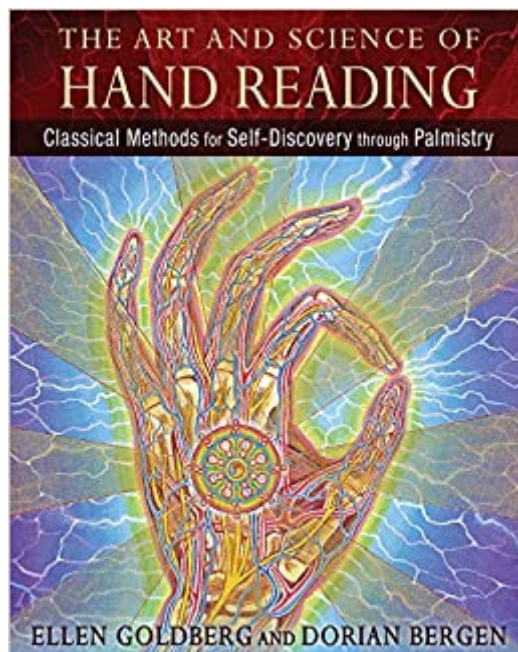




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# The Art And Science Of Hand Reading: Classical Methods For Self-Discovery Through Palmistry



## Synopsis

A comprehensive guide to the inner psychology revealed by the hand

- Details how to interpret the entire hand--the shape of the palm and fingers, mounts, lines, fingerprints, flexibility, nails, and skin texture
- Reveals the personality archetypes, strengths, and weaknesses connected with each of the seven mounts and how the rest of the hand modifies these traits
- Explains how lines change and the decisive influence of the person's own mind in healing defects found on the lines

Palmistry is a science and a universal language. The hand tells a story about your talents, relationships, health, and how you feel about yourself. It reveals periods of ease or challenge in your life, and it speaks about your weaknesses and the traits you need to develop. As you change, so do your hands, reflecting the progress you have made. In this comprehensive guide to hand reading, based on Ellen Goldberg's 40 years of teaching palmistry and the Western Mystery tradition, the authors make the powerful insights of the hand accessible in an inviting and user-friendly manner. The book presents the character traits and personality archetypes associated with each of the seven mounts of the palm and shows how to determine which are most influential in the nature of the individual. The mount archetypes reveal the lifestyle, love, sex, and marriage preferences; the best career choices; and the unique strengths and weaknesses for each person. The book also examines other factors that enhance the qualities revealed by the mount types, including the flexibility of the hand, texture of the skin, and the shapes of the fingers, fingertips, and nails. The meaning of each major and minor line is described in detail as well as the influence the person's own mind has in healing defects and obstacles found on their lines. The authors also provide accurate timing guides for each line, making it possible to locate specific events and to see how your lines change over time. Presenting the hand as a guide to self-fulfillment, *The Art and Science of Hand Reading* incorporates correspondences to other mystical sciences such as astrology, Kabbalah, the Hermetic teachings, and archetypal psychology. It also includes practical examples and more than 600 illustrations to show how to integrate the meanings of each part of the hand to form a complete picture of your inner psychology and your ever-changing destiny.

## Book Information

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## Customer Reviews

"In this comprehensive guide to hand reading, based on Ellen Goldberg's 40 years of teaching palmistry and the Western Mystery tradition, the authors make the powerful insights of the hand accessible in an inviting and user-friendly manner. The book presents the character traits and personality archetypes associated with each of the seven mounts of the palm and shows how to determine which are most influential in the nature of the individual" (The Edge, March 2016)"Anyone interested in palmistry will be hard-pressed to find a book more thorough than this one. Classical planetary correspondences are melded with crisply defined pictures of hands, hands and more hands. From broad general interpretations to the most minute details, mounds, lines, spacing, phalanges and much more are illustrated clearly, with Goldberg and Bergen helping the reader combine all the myriad parts into a clear and cohesive reading. Well-written and well-designed, this book is a simply beautiful bible of palmistry. Highly recommended." (The Witches' Almanac, March 2016)

Ellen Goldberg, primary author, is a psychotherapist and an internationally renowned teacher of Tarot and Palmistry. She is the founder and director of the School of Oracles and has been on the faculty of the New York Open Center since 1986. This book is based on her 40 years of teaching Palmistry and the Western Mystery tradition. Dorian Bergen, assistant author, is the co-owner of ACA Galleries in New York City. A student and practitioner of palmistry for more than 25 years, Dorian is a long time student of metaphysics and has a special interest in documenting how children's hands change over time. Both authors live in New York City.

When you are studying something as visual as palm reading, it always baffled me how most of the books either have very few pictures or line drawings of a palm. How could anyone ever understand

the subtleties of the hand when you have no examples to look at? Well, The Art and Science of Hand Reading changes all that. Every single example has an associated photograph or drawing where appropriate. In addition to the clear photos, sensible explanations are provided for each and every characteristic described. The subject matter is covered thoroughly as well. After purchasing over a dozen manuscripts and books on palm reading I have to say if you had buy just one book on palm reading, this should be the book.

Larger than expected which I like. I have not read through this yet but skimming through it seems to have a lot of pictures, which is helpful. Very excited to get through this!

I took a short palmistry class and this book was recommended as the best overall guide. It is easy to understand and thorough. The pictures really help.

VERY NICE BOOK. THE ONLY BOOK YOU NEED REALLY. FROM BEGINNER TO EXPERT. I WOULD DEFINITELY RECOMMEND THIS BOOK TO ANYONE WHO WANTS TO LEARN PALM READING.

Lots of examples and good background information. I find myself stopping videos to see closeups of speakers hands when palms are clearly showing.

This is really a one of a kind book, just fascinating. When I first saw the size of this book I thought, oh no, that's not for me. After a while, I started reading excerpts from the book and it just seemed too interesting not to buy it. Also, there is so much to read it's the kind of book you can read over and over again. Very illuminating, lots of fun, and a great read.

Deep insights into patterns I had never noticed. Extraordinary in every way, I am more than impressed, and grateful to my friends for letting me know about this book. The illustrations alone are worth the price of admission. A new standard, by a seasoned master. Thank you.

What a wonderful read... great text book for the palmistry student at any age! Very clear language and written in an organized manner, easy to follow. Can't wait to put into practice. Knowledge is power... this is a subject many people don't realize dates back to before Jesus and was common traditional knowledge. Highly recommended.

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